## Worksheet

## **Women Shot Put**

## Athletic season 2023

Athletic season 2023 One year on from Chase Ealey winning her country's first world title in the women's shot put, the US squad heads to Budapest with strong medal chances once again. Ealey has been working on a new technique this year, which she hopes will be the key to her improving on her PB of 20.51m. While she has been working on ironing out the kinks of her throw, she has lost some of the consistency she enjoyed in 2022 when she was undefeated for the entire outdoor season. Nevertheless, she remains one of the best throwers in the world, and she goes into Budapest with the second-best mark in the world this year. Teammate Maggie Ewen goes to Budapest as the world leader and perhaps the most consistent performer on the circuit, having finished in the top two in eight of her past nine competitions. She smashed her PB with 20.45m in Westwood in May, then went on to win the US title in Eugene. Ewen finished fourth at the 2019 World Championships and fifth at last year's World Indoors, but it looks as though she could finally claim her first global medal in Budapest. Ealey and Ewen have gone head-to-head in 10 meetings this season (indoors and outdoors) and tide at 5-5. Teammates Adelaide Aquilla and Jalani Davis will also aim to impress. With 12 global medals to her name – including two world titles and an Olympic gold – Gong Lijiao is the most decorated athlete in the line-up. She hasn't competed outside of China so far this year, but has displayed good form with a season's best of 20.06m at the end of June.

Teammate Song Jiayuan, a world and Olympic finalist in recent years, heads to Budapest off the back of victories at the Asian Championships and World University Games. Portugal's Auriol Dongmo has also enjoyed a strong season so far, winning at the Diamond League meetings in Rabat and Paris. Having finished fourth in Tokyo and fifth in Oregon, the world indoor champion will have a strong desire to win her first outdoor global medal. In Oregon last year, Jessica Schilder of the Netherlands beat Canada's Sarah Mitton to the bronze medal on countback, both throwing 19.77m. Mitton then went on to win the Commonwealth and NACAC titles. Mitton has thrown consistently beyond 19 metres this year, while Schilder has managed that feat just twice outdoors. Danniel Thomas-Dodd, the world silver medallist in 2019, has this year improved her own Jamaican record to 19.77m. She followed that with 19.66m two weeks later, the second-best mark of

her career, and then won at the Diamond League meeting in Stockholm. Fanny Roos, the fourth-place finisher at the 2022 World Indoors, is joined on the Swedish team by NCAA champion Axelina Johansson, the rising talent who has this year broken Roos' national records, indoors and outdoors.

Germany, meanwhile, will be represented by Yemisi Ogunleye and Sara Gambetta, both of whom have surpassed 19 metres for the first time this year.

Medal winners 2013 World		Relevant records WR 22.63 Natalya Lisovskaya	URS	Moskva	7/6/82
1 Valerie ADAMS	NZL 20.88	WIR 20.54 Astrid Kumbernuss		Orimattila	1/7/89
2 Christina SCHWANITZ	GER 20.41	Asi 21.76 Meisu Li	CHN		23/4/88
3 Lijiao GONG	CHN 19.95	Eur 22.63 Natalya Lisovskaya	URS	Moskva	7/6/8
014 World indoor	Cint 19.95	Ame 20.96 Belsy Laza	CUB	Ciudad de México	2/5/92
1 Valerie ADAMS	NZL 20.67	CZE 22.32 Helena Fibingerová	тсн	Nitra	20/8/7
2 Christina SCHWANITZ	GER 19.94		Terr	Niciu	20/0//
3 Lijiao GONG	CHN 19.24	WIR 22.50 Helena Fibingerová	тсн	Jablonec	19/2/7
014 Europe	Cint 15.24		Terr	Jubionee	15/2/7
1 Christina Schwanitz	GER 19.90	All-time list			
2 Yevgeniya Kolodko	RUS 19.39	1 22.63 Natalya Lisovskaya	RUS	Moskva	7 Jun 1987
3 Anita Márton	HUN 19.04	2 22.45 Ilona Slupianek	GER		11 May 198
015 Europe indoor	101 19.04	3 22.32 Helena Fibingerová	CZE	Nitra	20 Aug 197
1 Anita Márton	HUN 19.23	4 22.19 Claudia Losch	GER	Hainfeld	23 Aug 198
2 Yulia Leantsiuk	BLR 18.60	5 21.89 Ivanka Khristova	BUL	Belmeken	4 Jul 1976
3 Radoslava Mavrodieva	BUL 17.83	6 21.86 Marianne Adam		Leipzig	23 Jun 1979
015 World	502 17.05	7 21.76 Li Meisu	CHN		23 Apr 1988
1 Christina Schwanitz	GER 20.37	8 21.73 Natalya Akhrimenko	RUS	Leselidze	21 May 198
2 Gong Lijiao	CHN 20.30	9 21.69 Vita Pavlysh	UKR		20 Aug 1998
3 Michelle Carter	USA 19.76	10 21.66 Sui Xinmei	CHN		9 Jun 1990
016 World indoor	03A 19.70	11 21.61 Verzhiniya Veselinova	BUL	Sofia	21 Aug 1982
1 Michelle Carter	USA 20.21	World season list	DOL	50110	21 Aug 190
2 Anita Márton	HUN 19.33	1 20.45 Maggie Ewen	USA	Westwood CA	27 May
3 Valerie Adams	NZL 19.25	2 20.06 Chase Ealey	USA	Halle	27 May 20 May
2016 Europe	NZL 19.25	2 20.06 Gong Lijiao		Shenyang	20 May 28 Jun
1 Christina Schwanitz	GER 20.17	2 20.06 Gong Lijiao 4 19.83 Sarah Mitton	CHN		28 Jun 14 Jul
2 Anita Márton 3 Emel Dereli	HUN 18.72 TUR 18.22		JAM POR	Westwood CA Paris	27 May
	IUK 18.22	5			9 Jun 12 May
016 Olympic 1 Michelle Carter	USA 20.63	7 19.54 Axelina Johansson 8 19.47 Song Jiayuan	SWE	5	13 May
			CHN	Chengdu	8 Apr
2 Valerie Adams	NZL 20.42	9 19.46 Aliona Dubitskaya	BLR	Brest	1 Jul
3 Anita Márton	HUN 19.87	10 19.35 Jessica Schilder	NED	Breda	28 Jul
017 Europe indoor		11 19.31 Yemisi Ogunleye	GER	Rehlingen	28 May
1 Anita Márton	HUN 19.28	European season list			
2 Radoslava Mavrodieva	BUL 18.36	1 19.72 Auriol Dongmo	POR	Paris	9 Jun
3 Yulia Leantsiuk	BLR 18.32	2 19.54 Axelina Johansson		Bloomington IN	13 May
017 World		3 19.46 Aliona Dubitskaya	BLR	Brest	1 Jul
1 Gong Lijiao	CHN 19.94	4 19.35 Jessica Schilder	NED	Breda	28 Jul
2 Anita Márton	HUN 19.49	5 19.31 Yemisi Ogunleye	GER	Rehlingen	28 May
3 Michelle Carter	USA 19.14	6 19.29 Fanny Roos	SWE	,	15 Jul
2018 World indoor		7 19.08 Sara Gambetta	GER	Paris	9 Jun
1 Anita Márton	HUN 19.62	8 19.02 Jorinde van Klinken	NED	Sacramento CA	25 May
2 Danniel Thomas-Dodd	JAM 19.22	9 18.65 Jessica Inchude	POR	Białystok	21 May
3 Gong Lijiao	CHN 19.08	10 18.49 Eliana Bandeira	POR	Viana do Castelo	7 May
2018 Europe		11 18.40 Anita Márton	HUN	Budapest	8 Jul
1 Paulina Guba	POL 19.33	Czech season list			
2 Christina Schwanitz	GER 19.19	1 16.53 Katrin Brzyszkowská	CZE	Raleigh NC	12 May
3 Aliona Dubitskaya	BLR 18.81	16.44 Katrin Brzyszkowská		Philadelphia PA	29 Apr
019 Europe indoor		16.30 Katrin Brzyszkowská		Jacksonville FL	25 May
1 Radoslava Mavrodieva	BUL 19.12	16.22 Katrin Brzyszkowská		Ostrava	2 Jul
2 Christina Schwanitz	GER 19.11	16.18 Katrin Brzyszkowská		Kladno	13 Jun
3 Anita Márton	HUN 19.00	16.13 Katrin Brzyszkowská		Chorzów	23 Jun
019 World		16.12 Katrin Brzyszkowská		Gainesville FL	1 Apr
1 Gong Lijiao	CHN 19.55	16.03 Katrin Brzyszkowská		Espoo	13 Jul
2 Danniel Thomas-Dodd	JAM 19.47	2 15.99 Martina Mazurová	CZE	Olomouc	8 May
3 Christina Schwanitz	GER 19.17	15.94 Martina Mazurová		Plzeň	4 Jun
021 Europe indoor		15.93 Katrin Brzyszkowská		Tábor	29 Jul
1 Auriol Dongmo	POR 19.34				
2 Fanny Roos	SWE 19.29				
3 Christina Schwanitz	GER 19.04				
021 Olympic					
1 Gong Lijiao	CHN 20.58				
2 Raven Saunders	USA 19.79				
3 Valerie Adams	NZL 19.62				
022 World indoor					
1 Auriol Dongmo	POR 20.43				
2 Chase Ealey	USA 20.21				
3 Jessica Schilder	NED 19.48				
022 World					
1 Chase Ealey	USA 20.49				
2 Gong Lijiao	CHN 20.39				
3 Jessica Schilder	NED 19.77				
022 Europe					
1 Jessica Schilder	NED 20.24				
2 Auriol Dongmo	POR 19.82				
3 Jorinde van Klinken 2023 Europe indoor	NED 18.94				
-	DOD 10.70				
1 Auriol Dongmo	POR 19.76				
2 Sara Gambetta 2 Fanny Roos	GER 18.83				

SWE 18.42

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3 Fanny Roos