Worksheet

Athletic season 2023

Jessica Hull.

In a hugely strong field, no race looks more likely to provide that than the women's 5000m, which contains six of the 10 fastest women of all time, including the current and

previous world record-holders. If there has to be a favourite among this most dazzling collection of stellar runners it must be Kenya's two-time world and Olympic 1500m champion Faith Kipyegon, who has set three world records this season in the 1500m, 5000m and mile. Having become the first woman to better 3:50 for the metric mile in clocking 3:49.11 at the Florence Diamond League meeting on 2 June, the 29-year-old mother moved into new

territory in Paris just a week later. In her first race over 5000m since 2015, she produced a final 200m time of 28.1 to see off the lingering challenge of Ethiopia's world record-holder Letesenbet Gidey and improve her rival's world record to 14:05.20. That took 1.42 seconds off the mark Gidey had set in Valencia on 7 October 2020. The Ethiopian's time in the Stade Charlety was also spectacular - 14:07.94, putting her second on this year's world list behind the phenomenal Kenyan, who set a mile record of

4:07.64 in Monaco 12 days late: If Ripyegon can maintain such stupendous form then a first global gold at this distance could be hers. But she will need to be at the peak of her powers to resist a field of staggering talent. Aside from Gidey, who will also defend her world 10,000m title in Budapest, the race contains one of the most prolific gatherers of major distance titles in recent years, Sifan

Hassan of the Netherlands, whose versatility knows no bounds. After winning the world 1500m and 10,000m titles in Doha three years ago, Hassan secured a golden double in the 5000m and 10,000m at the Tokyo Olympics.

Following a relatively subdued year in 2022, she sprang back to the top of the athletics agenda in April as she ran her first marathon, in London - and, after looking as if she was on the verge of dropping out, swiftly caught up with a lead group that included Ethiopia's defending champion Yalemzerf Yehualaw and earned a victory that seemed to shock her more

He verge of dropping out, swind, daught up more note group and a note of the second processing on track events in Budapest and this she is doing, having entered the 10,000m, Hassan had maintained before the race that, despite her move up, she would be concentrating on track events in Budapest and this she is doing, having entered the 10,000m,

The series in the maintained before the face that, despite ther move up, she would be concentrating on track events in budgets and this she is doing, having entered the 10,000m, 5000m and also the 1500m. You wouldn't bet against her winning this race, despite the fact that her personal best of 14:13.42 was set only last month at the London Diamond League, moving her to ninth on the all-time list. But apart from Kipyegon and Gidey, there will be three other athletes who have run the event faster than Hassan has and will be involved in the Budgest mix. They are the two athletes who finished ahead of her in London – Gudaf Tsegay, who clocked 14:12.29 and will defend the title she won in Oregon last year, and Beatrice Chebet, second in 14:12.92, who took world silver behind Tsegay by a margin of just 0.46. Also involved is 23-year-old Ethiopian Ejgayehu Taye, who finished third behind Kipyegon and Gidey in Paris in 14:13.31 and stands fifth on the all-time list thanks to her 2022 clocking of 14:12.98. Medina Eisa of Ethiopia and Alicia Monson of the United States, who finished fourth and fifth behind Hassan in the London Stadium in 14:16 54 and 14:19 45 respectively. thus

Medina Eisa of Ethiopia and Alicia Monson of the United States, who finished fourth and fifth behind Hassan in the London Stadium in 14:16.54 and 14:19.45 respectively, thus

moved to 12th and 14th on the all-time list. Also in the field will be three other athletes inside the all-time top 20 who took fourth, fifth and sixth place in the world record race in Paris: Kenya's Lilian Rengeruk, who ran 14: 23.05, Ethiopia's Freweyni Hailu, who clocked 14:23.45, and Kenya's Margaret Chelimo Kipkemboi, who recorded 14:23.67. Other talents involved include Germany's Konstanze Klosterhalfen, who won an emotional European 5000m title in Munich last year, and Australia's Tokyo Olympic 1500m finalist

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Medal winners				ant recor			Davia		- 1ur	
2011 World 1 Vivian Jepkemoi Cheru	ivot KEN	14:55.36			Faith Kipyegon Tirunesh Dibaba	KEN ETH	Paris		9 Jun 20 11 06 20	
2 Sylvia Jebiwott Kibet	KEN KEN	14:55.36			Sifan Hassan	NED	Bergen London		21 Jul 20	
3 Meseret Defar	ETH	14:56.94			Bo Jiang	CHN	Shanghai		23 10 19	
2012 Olympic		1			Shelby Houlihan	USA	Portland		10 jul 20	
1 Meseret Defar	ETH	15:04.25			Faith Kipyegon	KEN	Paris		9 Jun 20	
2 Vivian Cheruiyot	KEN	15:04.73			Kristina Mäki		Sligo		23 Jun 2	
3 Tirunesh Dibaba	ETH	15:05.15		WR pace 1000	0m - 2:52,31 2000m - 5:42.04 3	000m - 8·21 01	-	paced 1000m	by Sarah	Lahti than
2013 World			to 3000m by	Beatrice Chepkoech, than running v	with Letsenbet G	idey	paceu 1000m	by Sarah	Lanu, ulan	
1 Meseret Defar	ETH	14:50.19	All-tin	ne list						
2 Mercy Cherono	KEN	14:51.22			Faith Kipyegon	KEN	Paris		9 Jun 20	
3 Almaz Ayana	ETH	14:51.33			Letesenbet Gidey	ETH	Valencia		7 Oct 20	
2014 Europe	CIME	15:31.39			Tirunesh Dibaba	ETH	Oslo London		5 Jun 20	
1 Meraf Bahta 2 Sifan Hassan	SWE	15:31.39			Gudaf Tsegay	ETH ETH	Roma		23 Jul 20 2 Jun 20	
3 Susan Krumins	NED	15:31.79			Almaz Ayana Meseret Defar	ETH	Stockholm/S		2 Juli 20 22 Jul 20	
2015 World		15.52.02			Beatrice Chebet	KEN	London		23 Jul 20	
1 Almaz Ayana	ETH	14:26.83			Ejgayehu Taye	ETH	Eugene OR		27 May 2	
2 Senbere Teferi	ETH	14:44.07			Sifan Hassan	NED	London		23 Jul 20	
3 Genzebe Dibaba	ETH	14:44.14			Senbere Teferi	ETH	Hengelo		8 Jun 20	
2016 Europe					Genzebe Dibaba	ETH	Saint-Denis		4 Jul 201	
1 Yasemin Can	TUR	15:18.15	World	season l	ist					
2 Meraf Bahta	SWE	15:20.54	1	14:05.20	Faith Kipyegon	KEN	Paris	9	9 Jun	
3 Steph Twell	GBR	15:20.70	2	14:07.94	Letesenbet Gidey	ETH	Paris	9	9 Jun	
2016 Olympic					Gudaf Tsegay	ETH	London		23 Jul	
1 Vivian Cheruiyot	KEN	14:26.17			Beatrice Chebet	KEN	London		23 Jul	
2 Hellen Obiri	KEN	14:29.77			Ejgayehu Taye	ETH	Paris		9 Jun	
3 Almaz Ayana	ETH	14:33.59			Sifan Hassan	NED	London		23 Jul	
2017 World		14.24.96			Medina Eisa	ETH	London		23 Jul	
1 Hellen Obiri 2 Almaz Ayana	KEN ETH	14:34.86 14:40.35			Alicia Monson Lilian Rengeruk	USA KEN	London Paris		23 Jul 9 Jun	
3 Sifan Hassan	NED	14:40.33			Freweyni Hailu	ETH	Paris		9 Jun	
2018 World indoor	NED	14.42.75			Margaret Kipkemboi	KEN	Paris		9 Jun	
1 Genzebe Dibaba	ETH	8:45.05	Europ		····· j=····					
2 Sifan Hassan	NED	8:45.68	1	14:13.42	Sifan Hassan	NED	London			23 Jul
3 Laura Muir	GBR	8:45.78	2	14:41.30	Nadia Battocletti	ITA	London			23 Jul
2018 Europe			3	14:45.24	Karoline Bjerkeli Grøvdal	NOR	London			23 Jul
1 Sifan Hassan	NED	14:46.12	4	14:47.52	Maureen Koster	NED	London			23 Jul
2 Eilish McColgan		14:53.05	5		Laura Muir	GBR	Paris			9 Jun
3 Yasemin Can	TUR	14:57.63	6		Megan Keith		London			23 Jul
2019 Europe indoor			7		Hanna Klein		Montesson			10 Jun
1 Laura Muir		8:30.61	8		Klara Lukan		Montesson			10 Jun
2 Konstanze Klosterhalfe		8:34.06	9		Melissa Courtney-Bryant		Walnut CA			6 May
3 Melissa Courtney 2019 World	GBK	8:38.22	10 11		Agate Caune Jessica Warner-Judd	GBR	Jerusalem	London 2	23 1.1	10 Aug
1 Hellen Obiri	KEN	14:26.72	Czech		Jessica warnel-Juuu	ADR		LONUUIT	LJ JUI	
2 Margaret Kipkemboi		14:27.49			Tereza Hrochová	CZE		Chorzów 2	23 Jun	
3 Konstanze Klosterhalfe		14:28.43			Karolína Sasynová	CZE		Karlsruhe 2		
2021 Europe indoor			3	16:45.83	Anna Málková	CZE		Ostrava 2	2 Jul	
1 Amy-Eloise Markovc	GBR	8:46.43			Julia-Anna Lily Bell	CZE		Ostrava 2	2 Jul	
2 Alice Finot	FRA	8:46.54		16:51.41	Karolína Sasynová			Ostrava 2	2 Jul	
3 Verity Ockenden	GBR	8:46.60	5	16:56.52	Adéla Hluchá	CZE		Ostrava 2	2 Jul	
2021 Olympic			6		Gabriela Veigertová	CZE		Wien		
1 Sifan Hassan		14:36.79	7		Barbora Lampová	CZE		Dresden		
2 Hellen Obiri		14:38.36		17:10.72		67-			27 May	
3 Gudaf Tsegay	ETH	14:38.87			Eliška Hostková	CZE		Ostrava 1		
2022 World indoor	E-F-11	8:41.82	9	17:13.58	Barbora Zoubková	CZE		Pizen .	27 May	
1 Lemlem Hailu 2 Elle St. Pierre		8:41.82 8:42.04								
3 Ejgayehu Taye		8:42.04								
2022 World	L111	5.72.23								
1 Gudaf Tsegay	ETH	14:46.29								
2 Beatrice Chebet		14:46.75								
3 Dawit Seyaum		14:47.36								

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2023 Europe indoor

2022 Europe

1 Konstanze Klosterhalfen

3 Melissa Courtney-Bryant

2 Yasemin Can

1 Hanna Klein 2 Konstanze Klosterhalfen

3 Eilish McColgan

GER 14:50.47

TUR 14:56.91

GBR 14:59.34

GER 8:35.87

GER 8:36.50

GBR 8:41.19