Worksheet Women 200 m

Athletic season 2023

From not making the US World Championships team last year to winning the national trials this year with a personal best and the fastest time in the world, Olympic bronze medallist Gabby Thomas has come full circle.

The 26-year-old ran 21.60, which propelled her to fourth on the world all-time list, just behind world record-holder Florence Griffith-Joyner, and the Jamaican duo of Shericka Jackson and Elaine Thompson-Herah. Now she will aim to build on that in Budapest at her first World Championships.

Interestingly, the defending world champion in the event and second fastest woman of all-time – Jackson – clocked her fastest time this season (21.71) on the same day that Thomas ran 21.60, while racing to her second consecutive and third overall Jamaican title in the 200m. Jackson already has eight World Championships medals to her name and will put up a spirited defence in Budapest. Thomas and Jackson had an interesting faceoff at the Monaco Diamond League and it was the Jamaican that gained the upper hand, taking the win in 21.86 as Thomas faded to seventh.

The women's 200m is certainly one of the most anticipated races of the forthcoming World Championships and may be quite unpredictable, seeing as five of the eight finalists from Oregon are not going to feature in the event this time around. One of the new faces that has already thrown down the gauntlet is St Lucia's Julien Alfred, who has been unstoppable in 2023. Alfred became the first woman in NCAA history to break the seven-second barrier in the 60m and is the all-time second fastest indoor sprinter over both the 60m and 200m with her times of 6.94 and 22.01, respectively. The five-time NCAA champion has won all but one of her 200m races outdoors, including racing to a spectacular 21.73 (2.5m/s) to win the NCAA Championships. She also clocked a national record 21.91 at her Tom Jones Memorial Invitational, putting her in third place on the global standings this season.

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Fellow US athlete Kayla White has shown some promise this season, digging deep to produce a PB of 22.01, which she clocked for third place at the US Championships. The sprinter has had an active season, competing in a series of meetings including Diamond League events in Rabat, Paris and Monaco. Although her only victory over the 200m was at the Botswana Golden Grand Prix where she posted 22.38, White will fancy her chances at her maiden appearance at the World Championships.

Also adding some colour to the women's 200m line up is the 2019 gold medallist in the event and bronze medallist in Oregon, Dina Asher-Smith, who will be banking on her wealth of experience to pull through, having not competed in many 200m races this season. She is tied with her Great Britain teammate Daryll Neita at 12th position with a season's best of 22.23.

Medal winners			Relev	ant records			
2007 World			WR	21.34 Florence Griffith-Joyner	USA	Seoul	29/9/88
	SA 2	21.81	WJR	21.78 Christine Mboma		Zurich	9 Sep 2021
,		22.34	Eur	21.71 Marita Koch	GDR		10/6/79
·		22.63		21.71 Marita Koch		Potsdam	21/7/84
2008 Olympic				21.71 Heike Drechsler		Jena	29/6/86
	4M 2	21.74		21.71 Heike Drechsler		Stuttgart	29/8/86
·		21.93	CZE	21.97 Jarmila Kratochvílová	35.1	Bratislava	6/6/81
•		22.00	WIR	21.87 Merlene Ottey	JAM	Liévin	13/2/93
2009 World							, -,
1 Allyson Felix U	SA 2	22.02	All-tin	ne list			
2 Veronica Campbell-Brown J.	4M 2	22.35	1	21.34 Florence Griffith-Joyner	USA	Seoul	29 Sep 1988
3 Debbie Ferguson-McKenzie B	AH 2	22.41	2	21.45 Shericka Jackson	JAM	Eugene OR	21 Jul 2022
2010 Europe			3	21.53 Elaine Thompson-Herah	JAM	Tokyo	3 Aug 2021
1 Myriam Soumaré F	RA 2	22.32	4	21.60 Gabby Thomas	USA	Eugene OR	9 Jul 2023
2 Yelizaveta Bryzhina U	KR 2	22.44	5	21.62A Marion Jones	USA	Johannesburg	11 Sep 1998
3 Aleksandra Fedoriva R	US 2	22.44	6	21.63 Dafne Schippers	NED	Beijing	28 Aug 2015
2012 Olympic			7	21.64 Merlene Ottey	JAM	Bruxelles	13 Sep 1991
1 Allyson Felix U	SA 2	21.88	8	21.69 Allyson Felix	USA	Eugene OR	30 Jun 2012
2 Shelly-Ann Fraser-Pryce J.	4M 2	22.09	9	21.71 Marita Koch	GER	Karl-Marx-Stadt	10 Jun 1979
3 Carmelita Jeter U	SA 2	22.14	9	21.71 Heike Drechsler	GER	Jena	29 Jun 1986
2013 World				21.72 Grace Jackson Small	JAM	Seoul	29 Sep 1988
1 Shelly-Ann Fraser-Pryce J.	4M 2	22.17	World	l season list			
2 Murielle Ahoure C	IV 2	22.32	1	21.60 Gabby Thomas	USA	Eugene OR	9 Jul
	GR 2	22.32	2	21.71 Shericka Jackson	JAM	Kingston	9 Jul
2015 World			3	21.91 Julien Alfred	LCA	Gainesville FL	14 Apr
		21.63	4	21.94 Sha'Carri Richardson	USA	Eugene OR	9 Jul
2 Elaine Thompson J.	4M 2	21.66		22.01 Kayla White	USA	Eugene OR	9 Jul
•	4M 2	21.97	6	22.02 Tamara Clark	USA	Eugene OR	9 Jul
2016 Olympic				· · · · · · · · · · · · · · · · · · ·	USA	Luzern	20 Jul
•		21.78	8	22.07 Abby Steiner	USA	Eugene OR	9 Jul
• • • • • • • • • • • • • • • • • • • •		21.88	9	22.09 Latasha Smith	USA	Tampa FL	14 May
	SA 2	22.15		22.15 Anthonique Strachan	BAH	Rabat	28 May
2017 World	-D 2	05		22.17 TeeTee Terry	USA	Eugene OR	9 Jul
		22.05 22.08	-	e season list	CDD	Budgeerer	6 1
		22.06		22.23 Daryll Neita		Bydgoszcz	6 Jun
2019 World	AH 2	22.15	3	22.23 Dina Asher-Smith 22.34 Rhasidat Adeleke	IRL	Monaco Gainesville FL	21 Jul
	BR 2	21.88		22.46 Lieke Klaver	NED	Chorzów	14 Apr 25 Jun
		22.22		22.54 Jael Bestue	ESP	Castellón	
		22.51		22.59 Bianca Williams		Manchester	14 Jun 9 Jul
2021 Olympic	J1 Z		7	22.68 Vera Filatova	RUS	Chelyabinsk	6 Aug
	SA 2	21.53	8	22.69 Finette Agyapong	GBR	Manchester	9 Jul
·		21.81	9	22.71 Olivia Fotopoulou	CYP	Chorzów	22 Jun
		21.87		22.75 Krystsina Tsimanouskaya	POL	Warszawa	9 Jul
2022 World	2	,		22.77 Boglárka Takács		Budapest	8 Jun
	4M 2	21.45		season list			
		21.81	1	23.24 Natálie Kožuškaničová	CZE	Ostrava	2 Jul
	BR 2			23.33 Nikola Bendová		Tábor	30 Jul
2022 Europe				23.42 Lada Vondrová		Kladno	13 Jun
	UI 2	22.32		23.44 Lada Vondrová		Chorzów	25 Jun
2 Dina Asher-Smith		22.43		23.48 Nikola Bendová		Praha	21 May
	EN 2		4	23.55 Terezie Táborská	CZE	Praha	18 Jun
			4	23.55 Pavla Kvasničková		Ostrava	2 Jul
			4	23.55 Barbora Šplechtnová	CZE	Ostrava	2 Jul
				23.57 Nikola Bendová		Tábor	30 Jul
				23.61 Terezie Táborská		Maribor	27 Jul
				23.61 Natálie Kožuškaničová		Tábor	30 Jul