

# Worksheet

# Men Long Jump

*Athletic season 2023*

Two Indian athletes head the men's long jump top list going into the World Athletics Championships Budapest 23. One of them made the final in Oregon last year, finishing seventh; the other exited the championships in the qualifying round. This year, they have both set PBs: 8.42m by Jeswin Aldrin and 8.41m by Murali Sreeshankar, and it remains to be seen if the pair can replicate that form on the big stage, considering that Wang Jianan's winning mark in Oregon was 8.36m. Wang's season's best this season is 8.26m.

Aldrin achieved his spectacular leap while competing at the Indian Open Jumps Competition held at his training ground, the Inspire Institute of Sport in Bellary, India. His most recent outing this year was at the CTTIUS Meeting in Bern, which he won with 8.22m.

His teammate Sreeshankar, who is sixth on the world rankings, broke ground with his PB of 8.41m to win the Indian Championships. The Commonwealth Games silver medallist has also been active on the circuit and has competed in two Diamond League meetings this season, placing third in Paris in 8.09m, and fifth in Lausanne.

Olympic champion Miltiádis Tentóglou has consistently jumped beyond eight metres this season and will set his sights on upgrading his silver from Oregon to gold in Budapest. With victories in Paris, the Gyulai Istvan Memorial, the European Team Championships and Greek Championships, where he recorded 8.38m, the 25-year-old looks good for gold. His strongest showing this year was at the Meeting Hauts-de-France Pas-de-Calais where he jumped a world-indoor-leading 8.41m.

Taipei's Lin Yu-Tang broke through the ranks to third on the global standings with his 8.40m jump posted at last month's Asian Championships in Bangkok. His only competition outside Asia this season was the Brisbane Track Classic in Australia where he placed third with 7.97m and he now prepares to make his World Championships debut.

The Jamaican squad of Carey McLeod (8.40m), Wayne Pinnock (8.37m) and 2019 world gold medallist Tajay Gayle (8.27m) will be on a mission to reclaim the title Gayle lost in Oregon. The 27-year-old failed to record a legal jump during the qualifying rounds, and will aim to make amends this time.

Jamaican champion Pinnock won the 2022 NCAA title, while McLeod upstaged him this year to win the gold. McLeod makes his World Championships debut, as does Namibian Chenault Lionel Coetzee who set a national record of 8.27m back in April – the ninth longest jump this season (tied with Gayle).

Last year's bronze medal winner Simon Ehammer of Switzerland leapt a season's best of 8.32m in Oslo and placed second in Paris with 8.11m, but just above him is the US champion Marquis Dendy whose season's best of 8.34m puts him in seventh place on the top list. Also on the US team are Jarrion Lawson, the silver medallist from London in 2017 whose season's best is 8.13m, and Steffin McCarter, who was fifth in Oregon.

Italy's newly crowned European U20 champion and teenage sensation Mattia Furlani has had quite a season. The 18-year-old upstaged the rest of the field to snatch the win in a lifetime best of 8.24m at the FBK Games, and went on to set an outstanding, though slightly wind-aided, distance of 8.44m (2.2m/s) in Savona, and is certainly one to watch.

Medal winners				Relevant records			
<b>2012 Olympic</b>				WR	8.95	Mike Powell	USA Tokyo 30 Aug 1991
1	Greg Rutherford	GBR	8.31	WJR	8.35	Sergey Morzunov	RUS Cheboksary 19 Jun 2012
2	Mitchell Watt	AUS	8.16	Eur	8.86	Robert Emmiyan	URS Tsakhkadzor 22 05 1987
3	Will Claye	USA	8.12	Ame	8.95	Mike Powell	USA Tokyo 30 08 1991
<b>2013 World</b>				CZE	8.31	Radek Juška	Taipei 27 Aug 2017
1	Aleksandr Menkov	RUS	8.56				
2	Ignisious Gaisah	NED	8.29				
3	Luis Rivera	MEX	8.27				
<b>2014 Europe</b>				<b>All-time list</b>			
1	Greg Rutherford	GBR	8.29	1	8.95	Mike Powell	USA Tokyo 30 Aug 1991
2	Loúís Tsátoumas	GRE	8.15	2	8.90A	Bob Beamon	USA Ciudad de México 18 Oct 1968
3	Kafétien Gomis	FRA	8.14	3	8.87	Carl Lewis	USA Tokyo 30 Aug 1991
<b>2015 Europe indoor</b>				4	8.86A	Robert Emmiyan	ARM Tsakhkadzor 22 May 1987
1	Michel Tornéus	SWE	8.30	5	8.74	Larry Myricks	USA Indianapolis IN 18 Jul 1988
2	Radek Juška	CZE	8.10	5	8.74A	Erick Walder	USA El Paso TX 2 Apr 1994
3	Andreas Otterling	SWE	8.06	5	8.74	Dwight Phillips	USA Eugene OR 7 Jun 2009
<b>2015 World</b>				8	8.73	Irving Saladino	PAN Hengelo 24 May 2008
1	Greg Rutherford	GBR	8.41	9	8.71	Iván Pedroso	CUB Salamanca 18 Jul 1995
2	Fabrice LaPierre	AUS	8.24	10	8.69	Tajay Gayle	JAM Doha 28 Sep 2019
3	Wang Jianan	CHN	8.18	11	8.68	Juan Miguel Echevarría	CUB Bad Langensalza 30 Jun 2018
<b>2016 World indoor</b>				<b>World season list</b>			
1	Marquis Dendy	USA	8.26	1	8.42	J. Jeswin Aldrin	IND Bellary 2 Mar
2	Fabrice LaPierre	AUS	8.25	2	8.41	Murali Sreeshankar	IND Bhubaneswar 18 Jun
3	Huang Changzhou	CHN	8.21	3	8.40	Lin Yu-Tang	TPE Bangkok 15 Jul
<b>2016 Europe</b>				4	8.38	Miltiádis Tentóglou	GRE Vólos 9 Jul
1	Greg Rutherford	GBR	8.25	5	8.37	Wayne Pinnock	JAM Baton Rouge LA 12 May
2	Michel Tornéus	SWE	8.21w	6	8.36	Maykel D. Massó	CUB La Habana 21 May
3	Ignisious Gaisah	NED	7.93	7	8.34A	Marquis Dendy	USA Gaborone 29 Apr
<b>2016 Olympic</b>				8	8.32	Simon Ehammer	SUI Oslo 15 Jun
1	Jeffery Henderson	USA	8.38	9	8.29	Arnovis Dalmero	COL São Paulo 28 Jul
2	Luvu Manyonga	RSA	8.37	10	8.28	Jason Smith	USA Azusa CA 12 May
3	Greg Rutherford	GBR	8.29	11	8.27A	Chenoult Coetzee	NAM Windhoek 15 Apr
<b>2017 Europe indoor</b>				<b>European season list</b>			
1	Izmir Smajlaj	ALB	8.08	1	8.38	Miltiádis Tentóglou	GRE Vólos 9 Jul
2	Michel Tornéus	SWE	8.08	2	8.32	Simon Ehammer	SUI Oslo 15 Jun
3	Serhii Nykyforov	UKR	8.07	3	8.24	Mattia Furlani	ITA Hengelo 4 Jun
<b>2017 World</b>				4	8.22	Bozhidar Saraboyukov	BUL Jerusalem 8 Aug
1	Luvu Manyonga	RSA	8.48	5	8.21A	Ingar Bratseth-Kíplesund	NOR Gaborone 29 Apr
2	Jarrion Lawson	USA	8.44	6	8.15	Radek Juška	CZE Tábor 30 Jul
3	Ruswahl Samaai	RSA	8.32	7	8.14	Jaime Guerra	ESP Torrent 30 Jul
<b>2018 World indoor</b>				7	8.14	Luka Herden	GER Inneringen 30 Jul
1	Juan Miguel Echevarría	CUB	8.46	9	8.12	Tom Campagne	FRA Pézenas 10 Jun
2	Luvu Manyonga	RSA	8.44	10	8.09	Filip Pravdica	CRO Zagreb 10 Jun
3	Marquis Dendy	USA	8.42	11	8.07	Mikita Lapatenka	BLR Bryansk 8 Jul
<b>2018 Europe</b>				<b>Czech season list</b>			
1	Miltiádis Tentóglou	GRE	8.25	1	8.15	Radek Juška	CZE Tábor 30 Jul
2	Fabian Heinle	GER	8.13	8.08	Radek Juška	Nové Město nad Metují 15 Jul	
3	Serhii Nykyforov	UKR	8.13	7.96	Radek Juška	Košice 8 Jun	
<b>2019 Europe indoor</b>				7.92	Radek Juška	Hengelo 4 Jun	
1	Miltiádis Tentóglou	GRE	8.38	7.88	Radek Juška	Turnov 23 May	
2	Thobias Nilsson Montler	SWE	8.17	7.88	Radek Juška	Tábor 11 Jul	
3	Strahinja Jovančević	SRB	8.03	2	7.81	Petr Meindlschmid	CZE Třinec 28 May
<b>2019 World</b>				7.77	Radek Juška	Tomblaine 18 Jun	
1	Tajay Gayle	JAM	8.69	7.73	Radek Juška	Pižeň 27 May	
2	Jeffery Henderson	USA	8.39	7.72	Petr Meindlschmid	Praha 5 Jun	
3	Juan Miguel Echevarría	CUB	8.34	7.67	Radek Juška	Praha 5 Jun	
<b>2021 Europe indoor</b>				<b>wind:</b>			
1	Miltiádis Tentóglou	GRE	8.35	8.44	2.2	Mattia Furlani	ITA Savona 24 May
2	Thobias Montler	SWE	8.31	8.32	2.2	LaQuan Nairn	BAH Devonshire 21 May
3	Kristian Pulli	FIN	8.24	8.30	4.0	Johnny Brackins	USA Walnut CA 13 May
<b>2021 Olympic</b>				8.30	4.1	Alejandro A. Parada	CUB La Habana 13 May
1	Miltiádis Tentóglou	GRE	8.41	8.25	4.5	Will Williams	USA Miramar FL 8 Apr
2	Juan Miguel Echevarría	CUB	8.41				
3	Maykel D. Massó	CUB	8.21				
<b>2022 World indoor</b>							
1	Miltiádis Tentóglou	GRE	8.55				
2	Thobias Montler	SWE	8.38				
3	Marquis Dendy	USA	8.27				
<b>2022 World</b>							
1	Wang Jianan	CHN	8.36				
2	Miltiádis Tentóglou	GRE	8.32				
3	Simon Ehammer	SUI	8.16				
<b>2022 Europe</b>							
1	Miltiádis Tentóglou	GRE	8.52				
2	Thobias Montler	SWE	8.06				
3	Jules Pommery	FRA	8.06				
<b>2023 Europe indoor</b>							
1	Miltiádis Tentóglou	GRE	8.30				
2	Thobias Montler	SWE	8.19				
3	Gabriel Bitan	ROU	8.00				

