

Worksheet

Men 1000 m

Athletic season 2023

The defending champion also returns in the men's event, with Uganda's Joshua Cheptegei on the hunt for his third consecutive world 10,000m title. The world 5000m and 10,000m record-holder has had to overcome injury since last year's World Championships in Oregon but he returned to medal-winning form at the World Cross Country Championships in February, claiming bronze in Bathurst behind his teammate Jacob Kiplimo and Ethiopia's Berihu Aregawi.

Cheptegei made his track comeback at the Diamond League meeting in Florence, finishing fourth in the 5000m, and he raced that distance again in Lausanne, finishing second behind Aregawi after a thrilling clash that produced the sixth- and seventh-fastest 5000m performances of all time.

The 10,000m in Budapest could offer more of the same. While Cheptegei hasn't contested the 25-lap event yet this season, Aregawi is the world leader thanks to the 26:50.66 he ran to win at Ethiopia's World Championships Trials in Nerja. Aregawi, the world 5km record-holder who finished seventh in the world 10,000m final last year, beat Olympic champion Selemon Barega by one second in Nerja and the top two this season will clash again in Budapest.

Aregawi, who ran 26:33 in Laredo in March for the second-fastest 10km performance in history, has also improved his 5000m PB this year, running 12:40.45 – a mark that puts him fifth on the world all-time list – to win in Lausanne.

As well as his Olympic win in Tokyo, Barega is the 5000m silver medallist from the 2019 World Championships in Doha and he won the world indoor 3000m title in Belgrade last year. The 23-year-old, who started his year with a cross country win in Elgoibar and was 12th at the World Cross Country Championships, has raced three times on the Diamond League circuit this season. After a runner-up finish in the 3000m in Doha in a PB of 7:27.16 he was ninth and then fifth in the 5000m in Florence and Lausanne, respectively. When it comes to head-to-head 10,000m clashes against his compatriot Aregawi, Barega leads 4-1.

They are joined on the Ethiopian team by Yismaw Dilu, the 17-year-old who claimed third place in the national trial race in 27:08.85, the second-fastest time ever by an U18 athlete. World half marathon record-holder Kiplimo would also have been a contender, but the 22-year-old – who succeeded his teammate Cheptegei as world cross country champion in February – has withdrawn from the championships due to a hamstring injury sustained in training at the start of August.

US champion Woody Kincaid sits third on this season's top list thanks to the PB of 27:06.37 he ran to win in California in March, while Canada's Olympic 5000m silver medallist Mohammed Ahmed, who has claimed top eight spots in the past three world 5000m and 10,000m finals, will also be looking to make an impact.

The Kenyan team features national trials winner Nicholas Kipkorir, who ran his PB of 26:58.97 in 2020. Italy's European champion Yemaneberhan Crippa returns to the World Championships stage following his eighth-place finish in Doha in 2019.

Medal winners			
2008 Olympic			
1	Kenenisa Bekele	ETH	27:01.17
2	Sileshi Sihine	ETH	27:02.77
3	Micah Kogo	KEN	27:04.11
2009 World			
1	Kenenisa Bekele	ETH	26:46.31
2	Zersenay Tadesse	ERI	26:50.12
3	Moses Ndiema Masai	KEN	26:57.39
2010 Europe			
1	Mo Farah	GBR	28:24.99
2	Chris Thompson	GBR	28:27.33
3	Daniele Meucci	ITA	28:27.33
2011 World			
1	Ibrahim Jeilan	ETH	27:13.81
2	Mohamed Farah	GBR	27:14.07
3	Imane Merga	ETH	27:19.14
2012 Europe			
1	Polat Kemboi Arikan	TUR	28:22.27
2	Daniele Meucci	ITA	28:22.73
3	Yevgeniy Rybakov	RUS	28:22.95
2012 Olympic			
1	Mohamed Farah	GBR	27:30.42
2	Galen Rupp	USA	27:30.90
3	Tariku Bekele	ETH	27:31.43
2013 World			
1	Mohamed Farah	GBR	27:21.71
2	Ibrahim Jeilan	ETH	27:22.23
3	Paul Tanui	KEN	27:22.61
2014 Europe			
1	Mohamed Farah	GBR	28:08.11
2	Andy Vernon	GBR	28:08.66
3	Ali Kaya	TUR	28:08.72
2015 World			
1	Mohamed FARAH	GBR	27:01.13
2	Geoffrey Kipsang KAMWOROR	KEN	27:01.76
3	Paul Kipngetchik TANUI	KEN	27:02.83
2016 Europe			
1	Polat Kemboi Arikan	TUR	28:18.52
2	Ali Kaya	TUR	28:21.42
3	Antonio Abadía	ESP	28:26.07
2016 Olympic			
1	Mo Farah	GBR	27:05.17
2	Paul Tanui	KEN	27:05.64
3	Tamirat Tola	ETH	27:06.26
2017 World			
1	Mo Farah	GBR	26:49.51
2	Joshua Cheptegei	UGA	26:49.94
3	Paul Tanui	KEN	26:50.60
2018 Europe			
1	Morhad Amdouni	FRA	28:11.22
2	Bashir Abdi	BEL	28:11.76
3	Yemaneberhan Crippa	ITA	28:12.15
2019 World			
1	Joshua Cheptegei	UGA	26:48.36
2	Yomif Kejelcha	ETH	26:49.34
3	Rhonex Kipruto	KEN	26:50.32
2021 Olympic			
1	Selemon Barega	ETH	27:43.22
2	Joshua Cheptegei	UGA	27:43.63
3	Jacob Kiplimo	UGA	27:43.88
2022 World			
1	Joshua Cheptegei	UGA	27:27.43
2	Stanley Waithaka	KEN	27:27.90
3	Jacob Kiplimo	UGA	27:27.97
2022 Europe			
1	Yemaneberhan Crippa	ITA	27:46.13
2	Zerei Kbrom Mezngi	NOR	27:46.94
3	Yann Schrub	FRA	27:47.13
2023 World			
1			
2			
3			

Relevant records					
WR	26:11.00	Joshua Cheptegei	UGA	Valencia	7 Oct 2020
WJR	26:41.75	Samuel Wanjiru Kamau	KEN	Bruxelles	26 08 2005
Eur	26:46.57	Mo Farah	GBR	Eugene	3 Jun 2011
Afr	26:11.00	Joshua Cheptegei	UGA	Valencia	7 Oct 2020
Asi	26:38.76	Abdullah Ahmad Hassan	QAT	Bruxelles	5/9/03
CZE	27:47.90	Jan Pešava		Praha	8/6/98
All-time list					
1	26:11.00	Joshua Cheptegei	UGA	Valencia	7 Oct 2020
2	26:17.53	Kenenisa Bekele	ETH	Bruxelles	26 Aug 2005
3	26:22.75	Haile Gebrselassie	ETH	Hengelo	1 Jun 1998
4	26:27.85	Paul Tergat	KEN	Bruxelles	22 Aug 1997
5	26:30.03	Nicholas Kemboi	KEN	Bruxelles	5 Sep 2003
6	26:30.74	Abebe Dinkesa	ETH	Hengelo	29 May 2005
7	26:33.84	Grant Fisher	USA	San Juan Capistrano CA	6 Mar 2022
8	26:33.93	Jacob Kiplimo	UGA	Ostrava	19 May 2021
9	26:34.14	Mohammed Ahmed	CAN	San Juan Capistrano CA	6 Mar 2022
10	26:35.63	Micah Kogo	KEN	Bruxelles	25 Aug 2006
11	26:36.26	Paul Koech	KEN	Bruxelles	22 Aug 1997
World season list					
1	26:50.66	Berihu Aregawi	ETH	Nerja	23 Jun
2	26:51.87	Selemon Barega	ETH	Nerja	23 Jun
3	27:06.37	Woody Kincaid	USA	San Juan Capistrano CA	4 Mar
4	27:06.88	Richard Etir	KEN	Yokohama	22 Apr
5	27:07.57	Joe Klecker	USA	San Juan Capistrano CA	4 Mar
6	27:08.85	Yismaw Dilu	ETH	Nerja	23 Jun
7	27:09.96	Emmanuel Maru	KEN	Yokohama	22 Apr
8	27:11.26	Tadesse Worku	ETH	Nerja	23 Jun
9	27:12.73	Paul Chelimo	USA	London	20 May
10	27:14.76	Gideon Rono	KEN	Yokohama	22 Apr
11	27:17.87	Benard Kibet	KEN	Yokohama	11 Jun
Europe					
1	27:26.40	Jonas Raess	SUI	San Juan Capistrano CA	4 Mar
2	27:30.01	Nils Voigt	GER	San Juan Capistrano CA	4 Mar
3	27:33.99	Tadesse Getahon	ISR	London	20 May
4	27:41.44	Zerei Kbrom Mezngi	NOR	London	20 May
5	27:47.43	Andrew Butchart	GBR	London	20 May
6	27:51.00	Iliass Aouani	ITA	London	20 May
7	27:55.96	Davor Aaron Bienenfeld	GER	San Juan Capistrano CA	4 Mar
8	27:56.70	Zakariya Mahamed	GBR	London	20 May
9	27:57.47	Charles Hicks	GBR	Stanford CA	31 Mar
10	27:58.92	Scott Beattie	GBR	Stanford CA	31 Mar
11	27:59.27	Peter Lynch	IRL	Stanford CA	31 Mar
World 5000					
1	12:40.45	Berihu Aregawi	ETH	Lausanne	30 Jun
2	12:41.61	Joshua Cheptegei	UGA	Lausanne	30 Jun
3	12:41.73	Yomif Kejelcha	ETH	Oslo	15 Jun
3	12:41.73	Jacob Kiplimo	UGA	Oslo	15 Jun
5	12:42.18	Hagos Gebrhiwet	ETH	Monaco	21 Jul
6	12:42.70	Telahun Haile	ETH	Monaco	21 Jul
7	12:45.01	Mohamed Katir	ESP	Monaco	21 Jul
8	12:46.02	Jacob Krop	KEN	Monaco	21 Jul
9	12:52.97	Luis Grijalva	GUA	Firenze	2 Jun
10	12:54.40	Woody Kincaid	USA	Firenze	2 Jun

