Worksheet Men 110 mH

Athletic season 2023

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Grant Holloway has the chance to become the second athlete after his US compatriot Greg Foster to claim three consecutive world 110m hurdles titles. Forty years on from Foster's first win at the inaugural World Athletics Championships in Helsinki, Holloway will hope to mark the anniversary year by gaining a 12th gold medal for his nation in the event.

The 25-year-old certainly seems in shape to do so, having lost just once this year – to Jamaica's Rasheed Broadbell at the Rabat Diamond League meeting on 28 May. Holloway rebounded with wins in Florence and Paris, where he clocked his season's best of 12.98, and his most recent performance is a 13.01 win in London on 23 July. Not only will he be looking to add another global title to his two world gold medals, but also to an Olympic silver claimed in Tokyo and world indoor 60m hurdles gold won in Belgrade last year.

It is Broadbell who heads this season's top list, thanks to the 12.94 PB he set to win the Jamaican title. That was the second time he has dipped under 13 seconds – the first was when winning the

Lausanne Diamond League last year in 12.99.

The 23-year-old, who won the Commonwealth Games title in Birmingham last year, now sits joint 14th on the world all-time list, alongside his compatriot Hansle Parchment, who beat Holloway to the Olympic title in Tokyo.

Both athletes return to World Championships action in Budapest. Broadbell made it to the semifinals in Oregon last year, while Parchment made it to the final but was unable to race, having injured himself

while warming up.

As well as his Olympic title, Parchment has world silver from 2015 and Olympic bronze from 2012 to his name. They are joined on the Jamaican team by Orlando Bennett, the 2018 world U20 silver medallist.

Sitting between Broadbell and Holloway on this season's top list is Cordell Tinch, who secured his first sub-13.00 run by clocking 12.96 at the Arkansas Grand Prix on 23 June. The 23-year-old, who started the season with a best of 13.63 to his name, has also improved his lifetime bests in the high jump and long jump in 2023 – to 2.21m and 8.16m, respectively. He finished second to Daniel Roberts at the US Championships and alongside that trio, the US team also includes Freddie Crittenden.

Shunsuke Izumiya is another athlete in PB form in 2023, having improved the Japanese record to 13.04 in Osaka at the start of June. The 2018 world U20 bronze medallist won at the Lausanne Diamond

League and was also second to Holloway in London.
Wilhem Belocian and Just Kwaou-Mathey have also dipped under 13.10 this season, respectively clocking PBs of 13.07 and 13.09. They will be joined on the French team by Sasha Zhoya, the 2021 world U20 champion who won the French title in a wind-assisted (2.3m/s) 13.01. Jason Joseph has improved to a Swiss record of 13.10 this season. MS: 13.28 (13.60)

MS: 13.28 (13.60) OH: 13.27						
Medal winners			Relevant records			
2012 Olympic			WR 12.80 Aries Merritt	USA	Bruxelles	07 SEP 2012
1 Aries MERRITT	USA	12.92				
2 Jason RICHARDSON	USA	13.04	WJR 13.12 Xiang Liu		Lausanne	2/7/02
3 Hansle PARCHMENT	JAM	13.12	Eur 12.91 Colin Jackson		Stuttgart	20/8/93
2013 Europe indoor	DUC	7.40	SAm 13.17 Rafael Henrique Pereira	BRA		23 Jun 2022 07 SEP 2012
1 Sergey Shubenkov 2 Paolo Dal Molin	RUS ITA	7.49 7.51	Ame 12.80 Aries Merritt Asi 12.88 Xiang Liu	USA	Bruxelles Lausanne	11 07 2006
3 Pascal Martinot Lagarde	FRA	7.53	ASI 12.00 Alalig Liu	CHIN	Lausaille	11 07 2000
2013 World	1104	7.55	CZE 13.27 Petr Svoboda		Praha	14/6/10
1 David OLIVER	USA	13.00	All-time list			- 1, -,
2 Ryan WILSON	USA	13.13	1 12.80 Aries Merritt	USA	Bruxelles	7 Sep 2012
3 Sergey SHUBENKOV	RUS	13.24	2 12.81 Grant Holloway	USA	Eugene OR	26 Jun 2021
2014 World indoor			3 12.84 Devon Allen	USA	Randalls Island NY	12 Jun 2022
1 Omo OSAGHAE	USA	7.45	4 12.87 Dayron Robles	CUB	Ostrava	12 Jun 2008
2 Pascal MARTINOT-LAGARDE	FRA	7.46	5 12.88 Liu Xiang	CHN		11 Jul 2006
3 Garfield DARIEN	FRA	7.47	6 12.89 David Oliver	USA		16 Jul 2010
2014 Europe			7 12.90 Dominique Arnold	USA		11 Jul 2006
1 Sergey Shubenkov	RUS	13.19	7 12.90 Omar McLeod	JAM	Kingston	24 Jun 2017
2 William Sharman	GBR FRA	13.27	9 12.91 Colin Jackson 10 12.92 Roger Kingdom		Stuttgart	20 Aug 1993
3 Pascal Martinot-Lagarde 2015 Europe indoor	FRA	13.29	10 12.92 Roger Kingdom 10 12.92 Allen Johnson	USA	Zürich Atlanta GA	16 Aug 1989 23 Jun 1996
1 Pascal Martinot-Lagarde	FRA	7.49	World season list	USA	Atlanta GA	23 3411 1990
2 Dimitri Bascou	FRA	7.50	1 12.94 Rasheed Broadbell	JAM	Kingston	9 Jul
3 Wilhem Belocian	FRA	7.52	2 12.96 Cordell Tinch	USA	-	23 Jun
2015 World		-	3 12.98 Grant Holloway	USA	Paris	9 Jun
1 Sergey Shubenkov	RUS	12.98	4 13.01 Daniel Roberts	USA	Randalls Island NY	24 Jun
2 Hansle Parchment	JAM	13.03	5 13.04 Shunsuke Izumiya	JPN	Osaka	4 Jun
3 Aries Merritt	USA	13.04	5 13.04 Devon Allen	USA	Randalls Island NY	24 Jun
2016 World indoor			7 13.07 Wilhem Belocian	FRA	La Chaux-de-Fonds	2 Jul
1 Omar McLeod	JAM	7.41	8 13.09 Robert Dunning	USA	Atlanta GA	6 May
2 Pascal Martinot-Lagarde	FRA	7.46	8 13.09 Just Kwaou-Mathey	FRA	Paris	9 Jun
3 Dimitri Bascou	FRA	7.48	10 13.10 Jason Joseph	SUI	Firenze	2 Jun
2016 Europe	FRA	12.25	11 13.12 Tyler Mason  European season list	JAM	Kingston	8 Jul
1 Dimitri Bascou 2 Balázs Baji	HUN	13.25 13.28	1 13.07 Wilhem Belocian	FRA	La Chaux-de-Fonds	2 Jul
2 Balazs Baji 3 Wilhem Belocian	FRA	13.28	1 13.07 Wilnem Belocian 2 13.09 Just Kwaou-Mathey	FRA FRA	Paris	2 Jul 9 Jun
2016 Olympic	FRA	13.33	3 13.10 Jason Joseph	SUI	Firenze	2 Jun
1 Omar McLeod	JAM	13.05	4 13.22 Sasha Zhoya	FRA	Espoo	14 Jul
2 Orlando Ortega	ESP	13.17	5 13.26 Tade Ojora	GBR		23 Jun
3 Dimitri Bascou	FRA	13.24	6 13.28 Milan Trajkovic	CYP	Kraljevo	23 Jul
2017 European indoor			7 13.33 Lorenzo Ndele Simonelli	ITA	Espoo	14 Jul
1 Andy Pozzi	GBR	7.51	8 13.35 Enrique Llopis	ESP	Madrid	22 Jul
2 Pascal Martinot-Lagarde	FRA	7.52	8 13.35 Pascal Martinot-Lagarde	FRA	Albi	29 Jul
3 Petr Svoboda	CZE	7.53	10 13.38 Vitali Parakhonka	BLR	Brest	2 Jul
2017 World			11 13.40 Joshua Zeller	GBR	Bloomington IN	14 May
1 Omar McLeod	JAM	13.04	Czech season list			
2 Sergey Shubenkov	RUS	13.14	1 13.63 Štěpán Schubert	CZE	Ostrava	1 Jul
3 Balázs Baji	HUN	13.28	13.86 Štěpán Schubert		Mladá Boleslav	28 May
2018 World indoor	000		13.86 Štěpán Schubert		Espoo	14 Jul
1 Andy Pozzi 2 Jarret Eaton	GBR USA	7.46 7.47	13.86 Štěpán Schubert 13.88 Štěpán Schubert		Tábor Espoo	29 Jul 14 Jul
3 Aurel Manga	FRA	7.54	13.92 Štěpán Schubert		Ostrava	14 Jul
2018 Europe	FRA	7.54	14.00 Štěpán Schubert		Praha	5 Jun
1 Pascal Martinot-Lagarde	FRA	13.17	2 14.02 Vilém Stráský	CZE	Plzeň	27 May
2 Sergey Shubenkov	RUS	13.17	3 14.06 Ondřej Kopecký		Praha	20 May
3 Orlando Ortega	ESP	13.34	14.08 Vilém Stráský		Přerov	4 Jun
2019 Europe indoor			14.10 Štěpán Schubert		Tábor	29 Jul
1 Milan Trajkovic	CYP	7.60				
2 Pascal Martinot-Lagarde	FRA	7.61				
3 Aurel Manga	FRA	7.63				
2019 World						
1 Grant Holloway		13.10				
2 Sergey Shubenkov	RUS	13.15				
3 Pascal Martinot-Lagarde	FRA	13.18				
2021 Europe indoor	Ee ·	7.43				
1 Wilhem Belocian	FRA GBR	7.42 7.43				
2 Andy Pozzi 3 Paolo Dal Molin	GBR ITA	7.43 7.56				
2021 Olympic	IIA	7.30				
1 Hansle Parchment	JAM	13.04				
2 Grant Holloway	USA	13.09				
3 Ronald Levy	JAM	13.10				
2022 World indoor						
1 Grant Holloway	USA	7.39				
2 Pascal Martinot-Lagarde	FRA	7.50				
3 Jarret Eaton	USA	7.53				
2022 World						
1 Grant Holloway	USA	13.03				
2 Trey Cunningham	USA	13.08				
3 Asier Martínez	ESP	13.17				
2022 Europe		12.11				
1 Asier Martinez	ESP	13.14				
2 Pascal Martinot-Lagarde 3 Just Kwaou-Mathey	FRA FRA	13.14 13.33				
2023 Europe indoor	FKA	13.33				
1 Jason Joseph	SUI	7.41				
2 Jakub Szymański	POL	7.56				
3 Just Kwaou-Mathey	FRA	7.59				

7.59