Worksheet

Men 35/50km Walk

Athletic season 2023

The three medallists from Oregon will clash with two of the fastest men in history in what looks set to be an enthralling men's 35km in Budapest.

Massimo Stano won the world title in 2022, adding another gold medal to his tally following his Olympic 20km triumph in 2021. Japan's Massatora Kawano finished just one second behind to take silver, while Sweden's Perseus Karlstrom earned his second bronze medal of the championships, following his third-place finish over 20km. All three men will be in action in Budapest; in fact, the top 16 finishers from Oregon will all toe the line at 35km in the Hungarian capital, many of whom would have contested the 20km just five days prior.

China's He Xianghong, however, is concentrating solely on the longer distance. He finished fifth in Oregon last year in a national record of 2:24:45, then earlier this year he set an Asian record of 2:22:55, the second-fastest time in history for the relatively new discipline.

Japan's Tomohiro Noda is another who has improved since Oregon. He placed ninth there, but earlier this year he broke Kawano's national record at the Japanese

Championships with 2:23:13, making him the third-fastest man in history.

Ecuador's Brian Pintado – who, like Stano and Karlstrom, will be doubling up in Budapest – finished one place shy of the medals in Oregon. He comfortably won the national 35km title earlier this year, then went on to set a 20km PB of 1:19:05 to win in Rio Maior, so he'll be heading to Budapest in good form.

Canada's Evan Dunfee, sixth in Oregon last year, is another athlete entered for both distances. As a world and Olympic medallist over 50km, he'll prefer his chances over the longer distance in Budapest.

Spain will have more than one medal contender in this race. Alvaro Martin, the European champion over 20km, won the 35km at this year's European Team

Championships in a national record of 2:25:35.

Miguel Angel Lopez, the 2015 world 20km champion, won the European title over the longer distance last year. European 20km bronze medallist Diego Garcia Carerra, meanwhile, will be doubling up in Budapest. Such is Spain's strength, Olympic 50km fourth-place finisher Marc Tur is their reserve.

Brazil's Caio Bonfim, Germany's Christopher Linke and Colombia's 2017 world 20km champion Eider Arevalo will all be contesting the 35km in Budapest five days after racing over 20km.

Other contenders include Japan's Satoshi Maruo, Poland's surprise Olympic 50km race walk champion Dawid Tomala, China's Wang Qin and Australia's Rhydian Cowley.

Medal winners			Relev	ant records			
2008 Olympic			WR	3:32:33 Yohann Diniz	FRA	Zürich	15 Aug 2014
1 Alex Schwazer	ITA	3:37:09	Ame	3:41:20 Raul Gonzalez	MEX	Poděbrady	11 06 1978
2 Jared Tallent	AUS	3:39:27	Asi	3:36:06 Chaohong Yu	CHN	Nanjing	22 10 2005
3 Denis Nizhegorodov	RUS	3:40:14	Eur	3:32:33 Yohann Diniz	FRA	Zürich	15 Aug 2014
2009 World			CZE	3:49:08 Miloš Holuša		Fribourg	14 04 1996
* 1 Trond Nymark	NOR	3:41:16					
2 Jesús Ángel García	ESP	3:41:37					
3 Grzegorz Sudoł	POL	3:42:34					
2010 Europe	FOL	3.42.34					
1 Yohann Diniz	EDA	2.40.27	Λ II_+i.	ne list			
	FRA	3:40:37			ED A	7/1:u: ala	15 4 2014
2 Grzegorz Sudoł	POL	3:42:24		3:32:33 Yohann Diniz	FRA	Zürich	15 Aug 2014
3 Sergey Bakulin	RUS	3:43:26		3:34:14 Denis Nizhegorodov	RUS	Cheboksary	11 May 2008
2011 World			3	3:34:38 Matej Tóth		Dudince	21 Mar 2015
* 1 Denis Nizhegorodov	RUS	3:42:45		3:35:47 Nathan Deakes		Geelong	2 Dec 2006
2 Jared Tallent	AUS	3:43:36	5	3:36:03 Robert Korzeniowski	POL	Saint-Denis	27 Aug 2003
3 Si Tianfeng	CHN	3:44:40	6	3:36:04 Alex Schwazer	ITA	Rosignano Solvay	11 Feb 2007
2012 Olympic			7	3:36:06 Yu Chaohong	CHN	Nanjing	22 Oct 2005
* 1 Jared Tallent	AUS	3:36:53	8	3:36:13 Zhao Chengliang	CHN	Nanjing	22 Oct 2005
2 Si Tianfeng	CHN	3:37:16	9	3:36:20 Han Yucheng	CHN	Nanning	27 Feb 2005
3 Robert Heffernan	IRL	3:37:54	10	3:36:42 German Skurygin	RUS	Saint-Denis	27 Aug 2003
2013 World				3:36:45 Masatora Kawano	JPN	Takahata	27 Oct 2019
* 1 Robert Heffernan	IRL	3:37:56		l season list			
2 Mikhail Ryzhov	RUS	3:38:58	1	2:22:55 He Xianghong	CHN	Huangshan	4 Mar
3 Jared Tallent	AUS	3:40:03		2:23:13 Tomohiro Noda	JPN	Wajima	16 Apr
2014 Europe	7105	3.10.03	3	2:24:19 Sergey Kozhevnikov	RUS	Sochi	13 Feb
1 Yohann Diniz	FRA	3:32:33	4	2:25:35 Álvaro Martín	ESP	Podébrady	21 May
		3:36:21				•	
2 Matej Tóth	SVK		5	2:25:49 Satoshi Maruo	JPN	Wajima	16 Apr
3 Ivan Noskov	RUS	3:37:41	6	2:26:10 Wang Qin	CHN	5	4 Mar
2015 World			7	2:26:37 José Luis Doctor		Dudince	25 Mar
1 Matej Tóth	SVK	3:40:32	8	2:26:51 Masatora Kawano	JPN	Wajima	16 Apr
2 Jared Tallent	AUS	3:42:17	9	2:27:05 Christopher Linke		Podébrady	21 May
3 Takayuki Tanii	JPN	3:42:55	10	2:27:30 Caio Bonfim	BRA	Dudince	25 Mar
2016 Olympic				2:27:33 Rhydian Cowley	AUS	Melbourne	21 May
1 Matej Tóth	SVK	3:40:58	World	l 2022			
2 Jared Tallent	AUS	3:41:16	1	2:23:14 Massimo Stano	ITA	Eugene OR	24 Jul
3 Hiroki Arai	JPN	3:41:24	2	2:23:15 Masatora Kawano	JPN	Eugene OR	24 Jul
2017 World			3	2:23:44 Perseus Karlström	SWE	Eugene OR	24 Jul
1 Yohann Diniz	FRA	3:33:12	4	2:24:37 Brian Pintado	ECU	Eugene OR	24 Jul
2 Hiroki Arai	JPN	3:41:17	5	2:24:45 He Xianghong	CHN	-	24 Jul
3 Kai Kobayashi	JPN	3:41:19	6	2:25:02 Evan Dunfee	CAN	Eugene OR	24 Jul
2018 Europe	2		7	2:25:14 Caio Bonfim	BRA	-	24 Jul
1 Maryan Zakalnytskyy	UKR	3:46:32		2:25:21 Eider Arévalo	COL	3	24 Jul
2 Matej Tóth	SVK	3:47:27	9	2:25:29 Tomohiro Noda	JPN	Eugene OR	24 Jul
3 Dzmitry Dziubin	BLR	3:47:59	10	2:25:58 Miguel Ángel López	ESP	Eugene OR	24 Jul 24 Jul
2019 World	DLK	3.47.39		2:25:58 Miguel Angel Lopez 2:26:18 Toshikazu Yamanishi	JPN	-	
	300	4.04.20	11	Z.ZU.10 IUSHIKAZU YAMAMISHI	JPN	Takahata	23 Oct
1 Yusuke Suzuki		4:04:20					
2 João Vieira		4:04:59					
3 Evan Dunfee	CAN	4:05:02					
2021 Olympic							
1 Dawid Tomala	POL	3:50:08					
2 Jonathan Hilbert	GER	3:50:44					
3 Evan Dunfee	CAN	3:50:59					
2022 World							
1 Massimo Stano	ITA	2:23:14					
2 Masatora Kawano	JPN	2:23:15					
3 Perseus Karlström		2:23:44					
2022 Europe	52						
1 Miguel Ángel López	ESP	2:26:49					
2 Christopher Linke							
·	GER	2:29:30					
3 Matteo Giupponi	ITA	2:30:34					
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