Worksheet

Women Discus Throw

Athletic season 2023

At the Tokyo Olympic Games, the hopes held by Sandra Perkovic of Croatia of winning a third consecutive title were ended by a breakthrough victory by Valarie Allman of the United States, who claimed gold with 68.98m. Perkovic ended up in that most painful position – fourth – with a best of 65.01m.

There was a further blow for the hugely competitive Croatian in April 2022 as Allman threw a massive personal best of 71.46m, five centimetres farther than Perkovic's best and enough to

bump her out of the world all-time top 15. But later that year the 32-year-old Croatian offered startling evidence that she was still a serious contender at the top level as she produced a season's best of 68.45m to beat her US rival at the World Championships in Oregon.

Gold, however, went to China's Feng Bin, who produced a personal best of 69.12m to upset the form book. Allman took bronze with 68.30m, becoming the first US woman to win a world medal in the event.

This year, however, the 28-year-old from Delaware produced another stellar effort at the same Triton Stadium in San Diego where she had thrown her personal best, recording 70.25m, which

puts her top of this year's world list. Feng, however, will defend her title from a place of strength, having thrown a best of 66.81m this year. She has won five of her six competitions this season, throwing beyond 66 metres in four of those. She also won the Asian title last month in her last competition before heading to Budapest.

European bronze medallist Jorinde van Klinken has a best this year of 67.05m, set in the throws-friendly venue of La Jolla, but she backed it up with a 66.77m victory at the Diamond League meeting in Oslo.

Olympic silver medallist Kristin Pudenz was disappointed to place 11th in Oregon last year, but she rebounded to take European silver on home soil with a PB of 67.87m. Her best throw this Season, 66.84m, came when winning at the European Team Championships. She is one of three Germans to have thrown beyond 66 metres this year; teammates Shanice Craft and Claudine Vita will be aiming to at least feature in the final. Melina Robert-Michon will be competing at her 10th World Championships. The 44-year-old from France has reached eight World Championships finals to date, taking silver in 2013 and

bronze in 2017. Her best this year is 65.49m, the sixth-best throw of her career. Chioma Onyekwere will be aiming to make her first World Championships final, having missed out in 2019 and 2022. Earlier this year the Commonwealth and two-time African champion set a continental record of 64.96m.

OH: 64.50 Medal winners			Relevant records	
2010 Europe			WR 76.80 Gabriele Reinsch GDR Neubrandenburg	9/7/88
1 PERKOVIC, Sandra	CRO	64.67		13/9/88
2 GRASU, Nicoleta	ROU	63.48	Eur 76.80 Gabriele Reinsch GDR Neubrandenburg	9/7/88
3 WISNIEWSKA, Joanna	POL	62.37		26/8/84
2011 World				-, -, -
1 Yanfeng Li	CHN	66.52		
2 Nadine Müller	GER	65.97		
3 Yarelys Barrios	CUB	65.73		
2012 Europe				
1 Sandra Perković	CRO	67.62	All-time list	
2 Nadine Müller	GER	65.41		1988
3 Nataliya Semenova	UKR	62.91		ug 1984
2012 Olympic	CD 0	60.11	,	ul 1989
1 Sandra Perkovic	CRO	69.11		un 1987
2 Darya Pishchalnikova	RUS CHN	67.56 67.22		pr 1988
3 Yanfeng Li 2013 World	CHN	07.22		ug 1984 p 1984
1 Sandra Perković	CRO	67.99		p 1984 pr 1987
2 Mélina Robert-Michon	FRA	66.28		ul 1984
3 Yarelis Barrios	CUB	64.96		ug 1984
2014 Europe	200	01.90		ug 1987 ug 1984
1 Sandra Perković	CRO	71.08	World season list	-9 - 20 1
2 Mélina Robert-Michon	FRA	65.33	1 70.25 Valarie Allman USA La Jolla CA 7 Apr	r
3 Shanice Craft	GER	64.33	2 67.44 Yaimé Pérez CUB Randalls Island NY 24 Ju	un
2015 World			3 67.05 Jorinde van Klinken NED La Jolla CA 7 Apr	r
1 Denia Caballero	CUB	69.28	4 66.84 Kristin Pudenz GER Chorzów 23 Ju	un
2 Sandra Perković	CRO	67.39	5 66.81 Feng Bin CHN Shenyang 27 Ju	un
3 Nadine Müller	GER	65.53	6 66.73 Shanice Craft GER Neubrandenburg 7 Jur	۱
2016 Europe			7 66.36 Claudine Vita GER Schifflange 30 Ju	ul 🛛
1 Sandra Perković	CRO	69.97	8 65.49 Mélina Robert-Michon FRA Montreuil 31 M	ау
2 Julia Harting	GER	65.77	9 65.46 Laulauga Tausaga-Collins USA Eugene OR 9 Jul	
3 Shanice Craft	GER	63.89	10 65.26 Sandra Perković CRO Oslo 15 Ju	
2016 Olympic			11 65.06 Silinda Morales CUB Castellón 14 Ju	un
1 Sandra Perković	CRO	69.21	Europe	
2 Mélina Robert-Michon	FRA	66.73	1 67.05 Jorinde van Klinken NED La Jolla CA 7 Apr	
3 Denia Caballero	CUB	65.34	2 66.84 Kristin Pudenz GER Chorzów 23 Ju	
2017 World 1 Sandra Perković	CRO	70.31	3 66.73 Shanice Craft GER Neubrandenburg 7 Jur 4 66.36 Claudine Vita GER Schifflange 30 Ju	
2 Dani Stevens	AUS	69.64	5 65.49 Mélina Robert-Michon FRA Montreuil 31 M	
3 Mélina Robert-Michon	FRA	66.21	6 65.26 Sandra Perković CRO Oslo 15 Ju	
2018 Europe	1101	00.21	7 64.57 Daisy Osakue ITA Pietrasanta 11 Ju	
1 Sandra Perković	CRO	67.62	8 64.32 Liliana Cá POR Leiria 12 M	
2 Nadine Müller	GER	63	9 64.09 Marike Steinacker GER Schönebeck 2 Jur	
3 Shanice Craft	GER	62.46	10 62.96 Daria Zabawska POL Warszawa 7 Ma	
2019 World			11 62.63 Alexandra Emilianov MDA Manhattan KS 6 Ma	
1 Yaimé Pérez	CUB	69.17	Czech	
2 Denia Caballero	CUB	68.44	1 54.90 Barbora Tichá CZE Tábor 29 Ju	ul II
3 Sandra Perković	CRO	66.72	54.02 Barbora Tichá Olomouc 8 Ma	y
2021 Olympic			53.90 Barbora Tichá Plzeň 27 M	
1 Valarie Allman	USA	68.98	53.07 Barbora Tichá Leiria 12 M	
2 Kristin Pudenz	GER	66.86	52.78 Barbora Tichá Barcelona 5 Jul	
3 Yaimé Pérez	CUB	65.72	52.60 Barbora Tichá Brno 14 M	
2022 World	CUN	60.10	52.57 Barbora Tichá Pardubice 6 Jur	
1 Feng Bin	CHN	69.12	52.18 Barbora Tichá Innsbruck 28 M	
2 Sandra Perković	CRO	68.45	51.96 Barbora Tichá Plzeň 3 Jur	
3 Valarie Allman	USA	68.30	51.94 Barbora Tichá Kladno 30 Aj	
2022 Europe 1 Sandra Perković	CRO	67 05	51.11 Barbora Tichá Kolín 20 Ju	11
2 Kristin Pudenz	GER	67.95 67.87		
3 Claudine Vita	GER	65.20		
	GLI	03.20		
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