Worksheet Women 1500 m

3 Sofia Ennaoui

POL 4:04.06

Athletic season 2023
You have to go back to 10 June 2021 to find the last time Faith Kipyegon was beaten in a 1500m race – on that occasion by Sifan Hassan in the Florence Diamond League meeting. The prospects of it happening at the World Athletics Championships Budapest 23 would appear to be on the remote side of unlikely.

Barring illness, injury or a mid-race fall, it is difficult to imagine anyone preventing the Kenyan sensation of the 2023 track and field season from becoming the first woman to complete a hattrick of world 1500m titles – and, for that matter, from proceeding to become the first woman to accomplish the 1500m-5000m double.

The clock has been the 2017 and 2022 champion's only rival throughout the northern hemisphere summer and, even then, the old marks in the world record book have been no match for the 29-year-old.

As if becoming the first woman to break the 3:50 barrier for 1500m, with 3:49.11 in Florence on 2 June, wasn't enough, Kipyegon slashed more than four seconds off Hassan's mile record with a stunning 4:07.64 in Monaco on 21 July – matching New Zealander Jack Lovelock's men's world record time at Princeton in 1933. Then, of course, there was also the 14:05.20 world record at 5000m in Paris in between.

In the 1500m in Florence, Kipyegon won by 7.09 from Laura Muir, the Briton who took Olympic silver in Tokyo and world bronze behind the Kenyan and Ethiopia's world indoor record-holder Gudaf Tsegay in Oregon last year. In the mile in Monaco, she finished 6.94 clear of Ireland's European and Commonwealth silver medallist Clara Mageean, who broke Sonia O'Sullivan's 29-year-old national record with a time of 4:14.58. It would seem that the rest will be running for silver and bronze at best in Budapest. Tsegay, next fastest in the 2023 world list with 3:54.03, is concentrating on the 5000m and 10,000m, but the Ethiopian challenge is still mightily strong. World indoor bronze medallist Hirut Meshesha (3:54.87) and world U20 champion Birke Haylom (3:54.93) were first and second in big PBs in the Silesia Diamond League meeting and are next quickest this year. The 17-year-old Haylom broke Kipyegon's world U20 record in Poland.

Diribe Welteij, fourth in the 800m in Oregon last year, finished third in Silesia in 3.55.08. The entry list also includes Frewenyi Hailu, who was second in Rabat in 3.57.65, but she is likely to be the Ethiopian reserve.

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As well as Mageean and Muir, the Australians Linden Hall and Jess Hull and US duo Cory Ann McGee and Nikki Hiltz could also feature. And then there is Hassan.
The 30-year-old is not quite the flying Dutchwoman who achieved the stunning 1500m-10,000m double in Doha four years ago, or who plundered 5000m and 10,000m gold and
1500m bronze at the Tokyo Olympics. The toll of that Olympic treble challenge and preparing for her marathon debut, which she won in thrilling fashion in London in April, has clearly
taken the edge off her speed.
Still, even when being outkicked by Tsegay and Beatrice Chebet in the London Diamond League 5000m on 23 July, she took third place in 14:13.42, a European record. Though the
5000m and 10,000m are her better medal bests in Budapest, she is also entered for the 1500m.

Medal winners			Relevant records			
2011 World			WR 3:49.11 Faith Kipyegon	KEN	Firenze	2 Jun 2023
1 Jenny Simpson	USA	4:05.40	WJR 3:51.34 Yinglai Lang	CHN	Shanghai	18/10/97
2 Hannah England	GBR	4:05.68	Eur 3:52.47 Tatyana Kazankina	URS	Zürich	13/8/80
3 Natalia Rodríguez	ESP	4:05.87	Asi 3:50.46 Qu Yunxia	CHN	Beijing	11 Sep 1993
2012 Europe (5x DQ doping)			Ame 3:54.99 Shelby Houlihan	USA	Doha	5 Oct 2019
1 Nuria Fernández	ESP	4:08.80	CZE 4:01.23 Kristina Mäki		Tokyo	4 Aug 2021
2 Diana Sujew	GER	4:09.28	WIR 3:53.09 Gudaf Tsegay	ETH	Lievin	9 Feb 2021
3 Tereza Čapková	CZE	4:10.17	WR pace 400m - 1:02.37 800m - 2:04.00 1200m - 3:05.28	paced by Brooke F	eldmeier and Sage Hurta-	Klecker
2012 Olympic (4x DQ doping)						
1 Maryam Jamal	BRN	4:10.74	All-time list			
2 Tatyana Tomashova	RUS	4:10.90	1 3:49.11 Faith Kipyegon	KEN	Firenze	2 Jun 2023
3 Abeba Aregawi	ETH	4:11.03	2 3:50.07 Genzebe Dibaba	ETH	Monaco	17 Jul 2015
2013 World			3 3:50.46 Qu Yunxia	CHN	Beijing	11 Sep 1993
1 Abeba Aregawi		4:02.67	4 3:50.98 Jiang Bo	CHN	Shanghai	18 Oct 1997
2 Jenny Simpson	USA	4:02.99	5 3:51.34 Lang Yinglai	CHN	Shanghai	18 Oct 1997
3 Hellen Obiri	KEN	4:03.86	6 3:51.92 Wang Junxia	CHN	Beijing	11 Sep 1993
2014 World indoor			7 3:51.95 Sifan Hassan	NED	Doha	5 Oct 2019
1 Abeba Aregawi 2 Axumawit Embave		4:00.61	8 3:52.47 Tatyana Kazankina	RUS	Zürich	13 Aug 1980
2 Axumawit Embaye 3 Nicole Sifuentes	ETH	4:07.12 4:07.61	9 3:53.91 Yin Lili	CHN	Shanghai	18 Oct 1997
2014 Europe	CAN	4:07.61	10 3:53.96 Paula Ivan 11 3:53.97 Lan Lixin	ROU CHN	Seoul Shanghai	1 Oct 1988 18 Oct 1997
1 Sifan Hassan	NED	4:04.18	World season list	СПИ	Silaligilal	16 000 1997
		4:05.08		VEN	Eirongo	2 Jun
2 Abeba Aregawi 3 Laura Weightman	GBR	4:05.08	1 3:49.11 Faith Kipyegon 2 3:54.03 Gudaf Tsegay	KEN ETH	Firenze Rabat	2 Jun 28 May
2015 Europe indoor	GDK	7.00.32	3 3:54.87 Hirut Meshesha	ETH	Chorzów	16 Jul
1 Sifan Hassan	NED	4:09.04	4 3:54.93 Birke Haylom	FTH	Chorzów	16 Jul
2 Angelika Cichocka	POL	4:10.53	5 3:55.08 Diribe Welteji	ETH	Chorzów	16 Jul
3 Federica Del Buono	ITA	4:11.61	6 3:57.00 Worknesh Mesele	ETH	Chorzów	16 Jul
2015 World	110		7 3:57.09 Laura Muir	GBR	Firenze	2 Jun
1 Genzebe Dibaba	ETH	4:08.09	8 3:57.27 Linden Hall	AUS	Chorzów	16 Jul
2 Faith Kipyegon	KEN	4:08.96	9 3:57.29 Jessica Hull	AUS	Firenze	2 Jun
3 Sifan Hassan	NED	4:09.34	10 3:57.65 Freweyni Hailu	ETH	Rabat	28 May
2016 World indoor			11 3:58.01 Melissa Courtney-Bryant	GBR	Chorzów	16 Jul
1 Sifan Hassan	NED	4:04.96	European season list	CER		
2 Dawit Seyaum	ETH	4:05.30	1 3:57.09 Laura Muir	GBR	Firenze	2 Jun
3 Gudaf Tsegay	ETH	4:05.71	2 3:58.01 Melissa Courtney-Bryant	GBR	Chorzów	
2016 Europe			3 3:58.12 Sifan Hassan	NED	Hengelo	4 Jun
1 Angelika Cichocka	POL	4:33.00	4 3:58.28+ Ciara Mageean	IRL	Monaco	21 Jul
2 Sifan Hassan	NED	4:33.76	5 3:58.65 Jemma Reekie	GBR	Chorzów	16 Jul
3 Ciara Mageean	IRL	4:33.78	6 4:00.04 Katie Snowden	GBR	Westwood CA	27 May
2016 Olympic			7 4:01.24 Gaia Sabbatini	ITA	Chorzów	16 Jul
1 Faith Kipyegon	KEN	4:08.92	8 4:01.75 Sarah Healy	IRL	Ostrava	27 Jun
2 Genzebe Dibaba	ETH	4:10.27	9 4:01.98 Sintayehu Vissa	ITA	Firenze	2 Jun
3 Jenny Simpson	USA	4:10.53	10 4:02.32 Katharina Trost	GER	Chorzów	16 Jul
2017 European indoor			11 4:02.35 Marta Pérez	ESP	Székesfehérvár	18 Jul
1 Laura Muir	GBR	4:02.39	Czech			
2 Konstanze Klosterhalfen	GER	4:04.45	1 4:03.27 Kristiina Mäki	CZE	Chorzów	16 Jul
3 Sofia Ennaoui	POL	4:06.59	4:05.08 Kristiina Mäki			13 Jun
2017 World			4:06.12 Kristiina Mäki		Ostrava	
1 Faith Kipyegon	KEN	4:02.59	4:06.49 Kristiina Mäki		Poznań	
2 Jenny Simpson	USA	4:02.76	4:09.22 Kristiina Mäki		Chorzów	
3 Caster Semenya	RSA	4:02.90	4:12.71 Kristiina Mäki			30 Jul
2018 World indoor		4.05.07	4:12.90 Kristiina Mäki		Chorzów	
1 Genzebe Dibaba	ETH	4:05.27 4:06.23	4:14.90 Kristiina Mäki 2 4:17.18 Anna Šimková	675		28 Jul
2 Laura Muir 3 Sifan Hassan	GBR		2 4:17.18 Anna Šimková 4:18.18 Anna Šimková	CZE	Ostrava	
	NED	4:07.26		675	Karlsruhe	
2018 Europe 1 Laura Muir	GBR	4:02.32	3 4:18.92 Natálie Millerová One mile	CZE	Jerusalem	> Aug
1 Laura Muir 2 Sofia Ennaoui	POL	4:02.32	1 4:07.64 Faith Kipyegon	KEN	Monaco	21 Iul
2 Soria Ennaoui 3 Laura Weightman		4:03.08	1 4:07.64 Faith Kipyegon 2 4:14.58 Ciara Mageean	KEN IRL	Monaco Monaco	
3 Laura Weightman 2019 Europe indoor	GDK	7.03./3	3 4:14.79 Freweyni Hailu	ETH	Monaco	
1 Laura Muir	GBR	4:05.92	4 4:15.24 Laura Muir	GBR	Monaco	
2 Sofia Ennaoui		4:09.30	5 4:15.34 Jessica Hull	AUS	Monaco	
3 Ciara Mageean	IRL	4:09.43	6 4:16.35 Nikki Hiltz	USA	Monaco	
019 World	·	-	7 4:16.38 Melissa Courtney-Bryant	GBR	Monaco	
1 Sifan Hassan	NED	3:51.95	8 4:16.47 Elise Cranny	USA	Monaco	
2 Faith Kipyegon	KEN	3:54.22	9 4:17.13 Birke Haylom	ETH		15 Jun
3 Gudaf Tsegay	ETH	3:54.38	10 4:18.11 Cory McGee	USA		15 Jun
021 Europe indoor			11 4:19.09 Worknesh Mesele	ETH		15 Jun
1 Elise Vanderelst	BEL	4:18.44				
2 Holly Archer		4:19.91				
3 Hanna Klein	GER	4:20.07				
2021 Olympic						
1 Faith Kipyegon	KEN	3:53.11				
2 Laura Muir		3:54.50				
3 Sifan Hassan	NED	3:55.86				
2022 World indoor						
1 Gudaf Tsegay	ETH	3:57.19				
2 Axumawit Embaye	ETH	4:02.29				
3 Hirut Meshesha	ETH	4:03.39				
2022 World						
1 Faith Kipyegon		3:52.96				
2 Gudaf Tsegay		3:54.52				
3 Laura Muir	GBR	3:55.28				
2022 Europe						
1 Laura Muir		4:01.08				
2 Ciara Mageean	IRL	4:02.56				
3 Sofia Ennaoui	POL	4:03.59				
023 Europe indoor	- CD-	4.02.40				
1 Laura Muir		4:03.40				
2 Claudia Bobocea	ROU	4:03.76				