Worksheet **Women Long Jump** 

Athletic season 2023

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A new winner will emerge in the women's long jump and with four athletes having jumped seven metres or more this season, and with eight of them within the 6.90m range, the stage is set for an electrifying contest.

Germany's 2019 and 2022 winner Malaika Mihambo, who also won Olympic gold in Tokyo, is out of the championships due to injury, and her rivals would no doubt cherish their prospect of one less hurdle to surrount.

Topping the world standings is Jamaican Ackelia Smith, who soared to a PB of 7.08m to win the Big 12 Conference Championships, taking her to second on the Jamaican all-time list. The 21-year-old NCAA champion will hope to become the first Jamaican woman in World Championships history to win a medal in the event.

Over the years, USA have won a total of eight gold medals, and the trio of Tara Davis-Woodhall, Quanesha Burks and Jasmine Moore will aim to continue that tradition, with four-time winner Brittney Reese being the last champion from the US (2017).

Ranked fourth in the world, Davis-Woodhall has gone over seven metres three times this season, including a wind-aided mark of 7.11m (2.1m/s) set at the USATF Bermuda Grand Prix back in May, and a season's best of 7.07m two weeks prior. The US champion has recorded top three finishes in her three Diamond League appearances this season, and having missed out on competing at the World Championships last year, the 24-year-old will have a point to prove in Budapest.

Moore will be going for the long jump and triple jump double at these championships, as she did in Oregon last year, and will first compete in the former. With a PB leap of 7.03m, which she posted to win at the NCAA Indoor Championships, the 22-year-old will hove to replicate that form once again.

Burks was beaten to the bronze medal in Oregon by Brazilian Leticia Oro Melo, whose jump of 6.89m was just 1cm farther than the US athlete's. Burks' victory at the London Diamond League, where she jumped 6.98m, will be a big boost to her confidence ahead of the cham

While her rise in the women's long jump would appear as sudden to some, it is evident that Larissa Iapichino has been putting in the work as she follows in the footsteps of her mum, two-time world champion Fiona May. The European U23 champion, who won the U20 title in 2019, stunned the likes of Mihambo and Ivana Vuleta to secure three consecutive Diamond League victories, first on her home turf in Florence, and then in Stockholm and Monaco, where she was inspired to a PB of 6.95m.
The city of Budapest holds some significance for the silver medalist at this year's European Indoor Championships. Exactly 25 years ago, her mother ascended to the long-standing Italian record of 7.11m during the 1998 European Championships where she claimed a silver medal, and as the 21-year-old heads to the same city, a thought on her mind must be breaking that record, having already erased her indoor national record of 6.91m, replacing it with 6.97m.
With an illustrious career spanning nearly two decades and with a massive PB of 7.24m, two world indoor titles, two World Championships bronze medals and four Diamond League trophies among many other impressive laurels, clinching a long-evasive global gold medal would be the prefect icing for Vuleta. Coming with a best this year of 6.98m, which she set at the European Indoor Championships where she won bronze, the 33-year-old Serbian has shown no signs of slowing down.
Great Britain's Jazmin Sawyers will be making her fourth appearance at the World Championships, and replicating her 7.00m jump at the European Indoor Championships where she struck gold, would greatly improve her chances for a medal.
Asian champion Sumire Hata (6.97m), Romanian Alina Rotaru-Kottmann (6.96m), Marthe Koala (6.94m) of Burkina Faso and Serbian Milica Gardasevic (6.91m) are hitting form at the right time.

Silver medallist from Oregon, Ese Brume, will target a longer jump than her season's best of 6.81m if she's to be in contention for a medal. The same is the case for Maryna

			is year is 6.59m recorded at the Diamond League in Flor			
honours in the triple jump. OH: 6.86						
Medal winners			Relevant records			
2012 Europe			WR 7.52 Galina Chistyakova		Leningrad	11/6/88
1 Éloyse Lesueur 2 Volha Sudareva	FRA BLR	6.81 6.74	WJR 7.14 Heike Drechsler Eur 7.52 Galina Chistyakova		Bratislava Leningrad	4/6/83 11/6/88
3 Margrethe Renstrøm	NOR	6.67	Asi 7.01 Weili Yao		Jinan	5/6/93
2012 Olympic			Ame 7.49 Jackie Joyner-Kersee		New York	22/5/94
1 Brittney REESE 2 Elena SOKOLOVA	USA RUS	7.12 7.07	7.49 Jackie Joyner-Kersee CZE 6.89 Jarmila Strejčková	USA	Sestriere Praha	31/7/94
3 Janay DELOACH	USA	6.89	WIR 7.37 Heike Drechsler	GDR	Wien	18/9/82 13/2/88
2013 Europe indoor	OSA	0.05	WIN 7.57 Helike Drechsler	ODIK	Wich	13/2/00
1 Darya Klishina	RUS	7.01	All-time list			
2 Éloyse Lesueur	FRA	6.90	1 7.52 Galina Chistyakova		Leningrad	11 Jun 1988
3 Erica Jarder	SWE	6.71	2 7.49 Jackie Joyner-Kersee	USA		22 May 1994
2013 World 1 Brittney REESE	LICA	7.01	3 7.48 Heike Drechsler 4 7.43 Anisoara Cusmir	GER	Neubrandenburg	9 Jul 1988
2 Blessing OKAGBARE	USA NGR	7.01 6.99	5 7.42 Tatyana Kotova	ROU RUS	Bucureşti Annecy	4 Jun 1983 23 Jun 2002
3 Ivana ŠPANOVIC	SRB	6.82	6 7.39 Yelena Belevskaya	BLR	Bryansk	18 Jul 1987
2014 World indoor			7 7.37 Inessa Kravets	UKR	Kyiv	13 Jun 1992
1 Éloyse LESUEUR	FRA	6.85	8 7.33 Tatyana Lebedeva	RUS	Tula	31 Jul 2004
2 Katarina JOHNSON-THOMPSON	GBR	6.81	9 7.31 Yelena Khlopotnova	KAZ	Alma-Ata	12 Sep 1985
3 Ivana ŠPANOVIC	SRB	6.77	9 7.31 Marion Jones	USA	Eugene OR	31 May 1998
2014 Europe	ED A	C 0F	9 7.31 Brittney Reese World season list	USA	Eugene OR	2 Jul 2016
1 Éloyse Lesueur 2 Ivana Španović	FRA SRB	6.85 6.81	1 7.08 Ackelia Smith	JAM	Norman OK	13 May
3 Darya Klishina	RUS	6.65	2 7.07 Tara Davis-Woodhall	USA	Fayetteville AR	5 May
2015 Europe indoor		0.05	3 7.03 Agate De Sousa	STP	Weinheim	27 May
1 Ivana Španović	SRB	6.98	4 6.98 Quanesha Burks	USA	London	23 Jul
2 Sosthene Taroum Moguenara	GER	6.83	5 6.97 Sumire Hata	JPN	Bangkok	14 Jul
3 Florentina Marincu	ROU	6.79	6 6.96 Alina Rotaru-Kottmann	ROU		30 Jul
2015 World			7 6.95 Larissa Iapichino	ITA	Monaco	21 Jul
1 Tianna Bartoletta 2 Shara Proctor	USA	7.14 7.07	8 6.94 Marthe Yasmine Koala 9 6.93 Malaika Mihambo	BUR	Kinshasa Kassel	2 Aug
3 Ivana Španović	GBR SRB	7.07	10 6.91 Mikaelle Assani	GER GER	Weinheim	9 Jul 27 May
2016 World indoor	SIND	7.01	10 6.91 Monae' Nichols	USA	Chula Vista CA	18 Jun
1 Brittney Reese	USA	7.22	European			
2 Ivana Španović	SRB	7.07	1 6.96 Alina Rotaru-Kottmann	ROU	Inneringen	30 Jul
3 Lorraine Ugen	GBR	6.93	2 6.95 Larissa Iapichino	ITA	Monaco	21 Jul
2016 Europe			3 6.93 Malaika Mihambo	GER	Kassel	9 Jul
1 Ivana Španović	SRB	6.94	4 6.91 Mikaelle Assani	GER	Weinheim	27 May
2 Jazmin Sawyers 3 Malaika Mihambo	GBR GER	6,86w 6.65	4 6.91 Milica Gardašević 6 6.86 Hilary Kpatcha	SRB FRA	Kraljevo Pézenas	23 Jul 10 Jun
2016 Olympic	GER	0.03	6 6.86 Ivana Vuleta	SRB	Monaco	21 Jul
1 Tianna Bartoletta	USA	7.17	8 6.84 Maryse Luzolo	GER	Inneringen	30 Jul
2 Brittney Reese	USA	7.15	9 6.81 Fatima Diame	ESP	Castellón	14 Jun
3 Ivana Španović	SRB	7.08	10 6.80 Tessy Ebosele	ESP	Castellón	14 Jun
2017 Europe indoor			11 6.78 Jazmin Sawyers	GBR	Nice	17 Jun
1 Ivana Španović	SRB	7.24	Czech list			
2 Lorraine Ugen 3 Claudia Salman-Rath	GBR GER	6.97 6.94	1 6.26 Michaela Kučerová 6.24 Michaela Kučerová	CZE	Regensburg Plzeň	3 Jun 27 May
2017 World	GLK	0.54	2 6.19 Daniela Volná	CZE	Ostrava	2 Jul
1 Brittney Reese	USA	7.02	6.18 Daniela Volná	CZL	Plzeň	27 May
2 Darya Klishina	RUS	7.00	6.17 Michaela Kučerová		Chorzów	25 Jun
3 Tianna Bartoletta	USA	6.97	6.15 Michaela Kučerová		Nové Město nad M	e 15 Jul
2018 World indoor			6.15 Michaela Kučerová		Tábor	30 Jul
1 Ivana Španović	SRB	6.96	3 6.14 Tereza Vlková		Praha	17 Jun
Brittney Reese     Sosthene Taroum Moguenara	USA GER	6.89 6.85	3 6.14 Linda Suchá 6.12 Daniela Volná	CZE	Ostrava Praha	2 Jul 20 Jul
2018 Europe	GER	0.00	6.12 Daniela Volna 6.10 Daniela Volná		Tábor	30 Jul
1 Malaika Mihambo	GER	6.75	World indoor season list		. 2001	
2 Maryna Bekh	UKR	6.73	1 7.03A Jasmine Moore	USA	Albuquerque NM	10 Mar
3 Shara Proctor	GBR	6.70	2 7.00 Jazmin Sawyers	GBR		5 Mar
2019 Europe indoor			3 6.98 Ivana Vuleta		Istanbul	4 Mar
1 Ivana Španović	SRB	6.99	4 6.97 Larissa Iapichino	ITA	Istanbul	5 Mar
2 Nastassia Mironchyk-Ivanova	BLR	6.93	5 6.90 Milica Gardašević		Beograd	18 Feb 10 Mar
3 Maryna Bekh-Romanchuk  2019 World	UKR	6.84	6 6.88A Ackelia Smith 6 6.88A Claire Bryant	JAM USA	Albuquerque NM Albuquerque NM	10 Mar
1 Malaika Mihambo	GER	7.30	8 6.87 Ruth Usoro	NGR		27 Jan
2 Maryna Bekh-Romanchuk	UKR	6.92	8 6.87 Malaika Mihambo	GER	Istanbul	4 Mar
3 Ese Brume	NGR	6.91	10 6.79A Alysah Hickey	USA	Albuquerque NM	10 Feb
2021 Europe indoor			11 6.75 Khaddi Sagnia	SWE	Göteborg/FH	26 Jan
Maryna Bekh-Romanchuk     Malaika Mihambo	UKR	6.92				
2 Malaika Mihambo 3 Khaddi Sagnia	GER SWE	6.88 6.75				
2021 Olympic						
1 Malaika Mihambo	GER	7.00				
2 Brittney Reese 3 Ese Brume	USA NGR	6.97 6.97				
2022 World indoor	NGK	0.97				
1 Ivana Vuleta	SRB	7.06				
2 Ese Brume	NGR	6.85				
3 Lorraine Ugen <b>2022 World</b>	GBR	6.82				

2022 Europe
1 Ivana Vuleta
2 Malaika Mihambo
3 Jazmin Sawyers

2023 Europe indoor

1 Malaika Mihambo

2 Ese Brume 3 Leticia Melo

GER 7.12

NGR 7.02

BRA 6.89

GER

GBR 6.80

GBR ITA

SRB

7.03

7 00

6.91